



# 1<sup>st</sup> TERM SPORT AND CULTURAL TIMETABLE 2025 SPORT- EN KULTUUR ROOSTER 1<sup>ste</sup> KWARTAAL GRADE 1 – 7 SCHOOL

## ACTIVITIES / GRAAD 1 – 7 SKOOL AKTIWITEITE

ACTIVITY / AKTIWITEIT	MONDAY / MAANDAG	TUESDAY / DINSDAG	WEDNESDAY / WOENSDAG	THURSDAY / DONDERDAG	FRIDAY / VRYDAG
<b>ATHLETICS / ATLETIEK TEAM &amp; PRE - TEAM</b> (C. Hill)		U/12 - U/13 Discus (Koo Eksteen Field) 06:45 – 07:15 U/10 – U/13 Walk & Middle Distance (Mashford Field) 06:45 – 07:15		U/12 – U/13 Discus (Koo Eksteen Field) 6:45 – 7:15 U/10 – U/13 Walk & Middle Distance (Mashford Field) 6:45 – 7:15	
	U/10 - U/13 (Field): 14:30 - 15:15 U/9 – U/13 (Track): 15:15 – 16:00 (Lötter Field)	U/9 – U/13 (Track): 14:30 – 15:15 U/10 – U/13 (Field): 15:15 – 16:00 (Lötter Field)	U/9 – U/13 (Track & Field) 14:30 – 15:30 (Lötter Field)		
<b>ATHLETICS/ATLETIEK – SOCIAL</b> (D. De Lange) Lötter Field			U/9 – U/10 15:30 – 16:30	U/11 – U/13 14:30 – 15:30	
<b>ATHLETICS - MINI</b> (J. de Jongh)		<b>Boys - Non-Team</b> (Gr 1 & 2) 13:30 – 14:30 (Koo Eksteen Field) <b>Girls and Boys – Team</b> (By invitation only) 13:30 – 14:15 (Lötter Field)	<b>Girls - Non-Team</b> (Gr 1 & 2) 13:30 – 14:30 (Koo Eksteen Field) <b>Girls and Boys – Team</b> (By invitation only) 13:30 – 14:15 (Lötter Field)		
<b>CHESS – SOCIAL</b> (J. Goslett) Gerrit van Wyk Centre		Gr 2 – 7: 14:30 – 15:30		Gr 4 – 7: 14:30 – 15:30	
<b>CHOIR / KOOR (JUNIOR)</b> (N Strydom)		07:15 – 07:45 (School Hall)		07:15 – 07:45 (School Hall)	
<b>CHOIR / KOOR (SENIOR)</b> (M Theron)		17:00 – 19:00 (School Hall)			
<b>CRICKET / KRIEKET</b> (D. Myburgh)	U/10 Match Day U/12 Practice: 14:30 - 16:00 (Mashford + Lötter Fields) U/10 & U/11 Girls' Cricket: 16:00 – 17:00 (Lötter Nets)	U/12 Match Day U/11 Practice: 14:30 - 16:00 (Mashford + Lötter Fields) U/12 & U/13 Girls' Cricket (Pre Team): 16:00 – 17:00 (Mashford Fields)	U/11 Match Day U/13 Practice: 14:30 - 16:00 (Mashford + Lötter Fields) U/12 – U/13 Girls' Cricket (Team): 16:00 – 17:00 (Mashford Fields)	U/13 Match Day U/10 Practice: 14:30 - 16:00 (Mashford + Lötter Fields)	U/13 Girls' Cricket Match Day

<b>CRICKET/KRIEKET - MINI</b> (D. Myburgh)	Gr 1 Practice: 13:30 – 14:15 (Lötter Field) Gr 2 Practice: 13:30 - 14:30 (Koos Eksteen Field) Gr 3 Practice: 14:30 - 15:30 (Koos Eksteen Field)			Gr 1 Practice: 13:30 – 14:15 (Lötter Field) Gr 2 Practice or Match: 13:30 - 14:30 (Koos Eksteen Field) Gr 3 Practice or Match: 14:30 - 15:30 (Koos Eksteen Field)	
<b>CYCLING/FIETSRY</b> (Learn to ride) (M. Steyn)	<ul style="list-style-type: none"> <li>• Own bicycle / Eie fiets</li> <li>• Able to cycle independently / In staat om onafhanklik fiets te kan ry</li> </ul>				
	Level 3: 16:30 – 17:30 (Koos Eksteen Field)		Level 1: 16:00 – 16:45 Level 2: 16:45 – 17:30 (Koos Eksteen Field)		

ACTIVITY / AKTIWITEIT	MONDAY / MAANDAG	TUESDAY / DINSDAG	WEDNESDAY / WOENSDAG	THURSDAY / DONDERDAG	FRIDAY / VRYDAG
<b>KIDS COLLAGE</b> (C. Aldrich)	Gr 1: 14:30 – 15:15 Class 1CS (Charmaine Scheepers) Class 1KH (Kylie Hodgkinson) Gr 2 - 4: 14:30 – 15:30 Class 2BM (Celesti Aldrich)	Gr 1: 14:30 – 15:15 Class 1CS (Charmaine Scheepers) Class 1KH (Kylie Hodgkinson)		Gr 2 - 4: 14:30 – 15:30 Class 2BM (Celesti Aldrich)	
<b>KIDS LIT CLUB</b> (T. Burness)		Gr 5 – 7 14:15 – 15:15 (Library)			
<b>ORFF ORCHESTRA / ORFF ORKES JUNIOR: Gr 3</b> (N Strydom) (Music Centre)					07:15 – 07:45 (Music Centre)
<b>ORFF ORCHESTRA / ORKES SENIOR: Gr 4 – 7</b> (F Stassen) (Music Centre)			07:15 – 07:45 (Music Centre)		
<b>OUTDOOR CLUB / BUITELUGKLUB Gr 5 – Gr 7 (C. Dunn)</b>	<b>PLEASE NOTE: Only on weekends (Incurs a cost per outing) / LET WEL: Slegs op naweke (Koste verbonde aan elke uitstappie)</b>				
<b>PUBLIC SPEAKING</b> (L. Preuss)	Gr 5 – 7 ENG & AFR: 14:15 – 15:15(Leanne Preuss & Cecilia Brink) (Spine Room)				
<b>SPEEDSTACKING</b> (E. Ludick)			Gr 1 – 7: 07:10 – 07:40 (GF van Wyk Centre)		

<b>STORY / STORIE</b> <b>“FUNTASTIQUE” (C.</b> Scheepers)			Gr 1: 13:30 – 14:30 Class 1GS: (Venessa Goodman)	Gr 2 13:30 – 14:00 Gr 3 14:15 – 14:45 Class 1CS (Charmaine Scheepers)	
<b>SWIMMING / SWEM</b> (L. du Plessis)  LEARNERS <b>MUST BE ABLE</b> <b>TO SWIM A WIDTH</b> <b>WITHOUT</b> <b>STOPPING.</b>  <b>All new swimmers will</b> <b>be assessed.</b>	Gr 1: 13:30 – 14:00 (Squad by Invitation only) Gr 1: 14:00 – 14:30 (Beginner by invitation only)  Level 2: Gr 4 14:30 – 15:00 Level 2: Gr 5 – 7 15:00 – 15:30 Level 3: Gr 4 - 7 15:30 – 16:15	Gr 1: 13:30 – 14:00 (Squad by Invitation only)  Level 1: Gr 2 14:00 - 14:30 Level 2: Gr 2 14:30 - 15:00 Level 2 + 3: Gr 3 15:00 - 15:30 Level 1: Gr 3 15:30 - 16:00 Level 1: Gr 4 - 6 16:00 - 16:30	06:30 – 07:15 Gr 4-7 Level 3 team Swimmers  Gr 1: 13:30 – 14:00 (Squad by Invitation only) Gr 1: 14:00 – 14:30 (Development invitation)  Level 1: Gr 2 14:30 – 15:00 Level 2: Gr 2 15:00 - 15:30 Level 2: Gr 4 15:30 - 16:00 Level 2: Gr 5 – 7 16:00 – 16:30	Gr 1: 13:30 – 14:00 (Squad by Invitation only)  Level 2: Gr 2 14:00 - 14:30 Level 3: Gr 4 - 7 14:30 - 15:30 Level 1: Gr 3 15:30 – 16:00 Level 1: Gr 4 - 6 16:00 - 16:30	<p><b>Level 1:</b> Swimmers are able to swim widths without stopping and require stroke correction.</p> <p><b>Level 2:</b> Swimmers are able to swim lengths and have mastered some of their strokes; may participate in school galas.</p> <p><b>Level 3:</b> Swimmers represent the school at galas. They have mastered their stroke techniques and can swim at least 3 of the strokes.</p> <p>Level 3 swimmers need to attend at least one practice per week to be selected for galas.</p>
<b>TENNIS</b> (A Mostert)	<b>(Main courts: Court 1 – 3)</b> U/11 Team Boys 06:30 – 07:30  Gr 1 Girls: 13:30 – 14:00 Gr 2 Girls: 14:00 – 14:30  U/14 Team Girls 14:30 – 15:45 U/14 Team Boys 15:45 – 17:15  <b>(Swimming pool courts: Court 4</b> <b>- 6) U/11 Team Girls 14:30 –</b> 15:45	<b>(Main courts: Court 1 – 3)</b> U/11 Team Girls: 06:30 - 07:30  <b>(Main courts: Court 1 – 3)</b> Gr 1 Boys: 13:30 – 14:00 Gr 2 Boys: 14:00 – 14:30 Gr 3 Boys: 14:30 – 15:15 Gr 5 - 7 Boys: 15:15 – 16:00 U/11 Team Boys 16:00 – 17:15 <b>(Swimming pool</b> <b>courts 4 - 6)</b> Grade 4 Boys: 14:30 – 15:15 U/11 Team Girls 15:15 – 16:30	<b>(Main courts: Court 1 – 3)</b> <b>Under 14 Boys</b> 06:30 – 07:30  <b>(Main courts: Court 1 – 3)</b> Gr 1 Girls: 13:30 – 14:00 Gr 2 Girls: 14:00 – 14:30  <b>League Matches / Liga</b> <b>wedstryde</b> (Courts to be communicated)	<b>(Main courts: Court 1 – 3)</b> <b>Under 14 Girls</b> 06:30 – 07:30  <b>(Main courts: Court 1 – 3)</b> Gr 1 Boys: 13:30 – 14:00 Gr 2 Boys: 14:00 – 14:30 Gr 4 Girls: 14:30 – 15:15 Gr 5 - 7 Girls: 15:15 – 16:00  <b>(Swimming pool courts 4 - 6)</b> Grade 3 Girls: 14:30 – 15:15	<b>Under 9 Pre-Team</b> <b>(Main courts: Court 1</b> <b>- 3) 06:30 – 07:30</b>  Girls (Rose week) Boys (Lime week)